



Back Basting Appliqué Tutorial with Pattern

Back basting is the ideal appliqué method for those who like to have a project to do while waiting for appointments, watching television or riding in a vehicle.

Materials Needed

13" X 13" back ground fabric
Small amounts of two fabrics for the appliqué
Heavy needle such as used or darning or crewel work
Heavy thread, black,
Appliqué needle and matching thread
Sharp pencil (I use the retractable)
Sharp scissors
Tooth pick or orange stick (I use a wooden skewer)

Print the attached ice cream pattern and place it under the background fabric. The **reverse/wrong** side of the fabric should be on **top**.

Using a light box or window, trace the pattern onto the fabric.

As the cone is 'behind' the ice cream, we are going to appliqué' that part first. Cut a piece of fabric approximately 1" larger all around than the cone and place it on the **right** side of the fabric. Hold the background fabric and cone fabric up to a light and move the cone fabric until it covers the come outline. Pin in place.

Using the heavy needle and thread, baste along the pencil line that is on the **wrong** side of the background fabric.

Trim the cone fabric outside the stitched line leaving about 3/16 seam allowance.

Using the orange stick, remove a couple of basting stitches and turn under the seam allowance. Using the appliqué needle and matching thread (knotted at end), stitch the appliqué fabric. Start by bringing pushing the needle through and just under the fold and then into the background fabric. Pull needle and thread through, tucking the thread tail under the fabric. Continue removing basting stitches two or three at a time and sewing around the cone.

Repeat the previous steps for the ice cream fabric. Press and trim background to 12 1/2"

